



NOVEMBER 2024

North Beach SLSC

2024 / 2025 SEASON



[Newsletter #1](#)

[Junior Surf Info](#)

Welcome to our new junior members, our returning members, parents, family & friends!!

As we gear up for an exciting new season, we want to extend a warm welcome to all our new and returning junior clubbies!

This season promises to be fun-filled as we focus on building confidence, knowledge, and essential skills to help everyone stay safe around the water and at the beach. From engaging activities to valuable lessons, we're here to ensure that everyone has a blast while learning how to enjoy the water safely.

We've put together some key information to help you feel well-informed and ready for the season ahead.

Sunday Sessions

- **Please be on the beach & ready to go for our 9.30am start** - If you need any uniform, merchandise, or information, our junior committee members will be around from about 8.30am each Sunday.
- **All children are to be signed in & out** - the sign out sheets will be on the tables on the beach by the front club stairs
- **Club caps & hi-vis vests are compulsory** - Please ensure that your child is wearing their named club cap & named hi-vis vest at all times throughout the session, it's how we know which children belong to us! All members must wear their hi-vis vests in the water at all times. **NO CLUB HI VIS VEST = NO WATER.** If you are needing to purchase these, they are available upstairs in the club before the Sunday sessions - Cap = \$20 & Vest = \$25
- **Parent participation** - Parents are expected to join in and assist our coaches as directed to ensure our session runs smoothly and everyone has fun. Our youngest age groups - U7, U6, & U5's require one adult to one child ratio. For water activities, **ALL** age groups require minimum adult:child ratios. If we don't have enough in water adult volunteers, we will be unable to run any in water training.

- **What to bring** - As well as the club cap & vest, please ensure your child has warm clothing, appropriate swimming gear (togs / rashie / wetsuit...just whatever they are comfortable wearing in the water), sun screen, towel etc. The best thing that we can recommend to carry all of that gear in, is a plastic flexi tub (available at Bunnings/The Warehouse/Kmart). Please remember to name all gear.
- **Session plan** - Each Sunday we gather everyone together for a quick welcome and run down of the morning's plan. The children are all then led in a short run up along the beach & back along the sand-dunes, parents to join in too!! From here it's time to head to our age groups as indicated by the coloured flags & signs set up on the beach. The coaches will then lead the children in beach games & skills, followed by water activities if the conditions allow. At the end of the session, please wash down any boards used and return to the container, and always remember to thank your coach!!
- **Sausage sizzle** - Each Sunday we run a sausage sizzle as one of our fundraising event, cash or eftpos is available. Whilst we have a core team of BBQ experts, we will be calling for a couple of volunteer parents from each age group to help out each week. A roster will be posted next week to advise when each age group is on.

Make sure you're connected.....

All of our communications are via our Facebook page and / or email. Our season dates are now on the Juniors facebook page, so head over to check it out! Our dates are also attached to this email.

Please note: If the weather is looking a bit blah on a Sunday morning, please check our facebook page for session updates.

[🌐 North Beach SLSC Juniors 2024-25 Season | Facebook](#)

To contact us:

Main club email: northbeachslsc@gmail.com

Junior committee: northbeachjuniors@gmail.com

Website:

You can login to see your child's group and any other information for them via our website. Head to <https://northbeachslsc.co.nz>, then sign in using your email address.



Junior Committee

Our junior committee is made up of volunteers who organise and carry out all operational, fundraising and administrative tasks to ensure that your children have the best time at North Beach SLSC.

Current Committee

Riki Fahey, Lydia Kennedy, Kew Taggart, Charlotte Ellis, Jackie Moriarty, Kellie-Lee Holland, Rachel Thwaites, Jackie Lynch, Rachel Huson, Petra Semerakova, Krystina Lewis, Sheyna Huband, Jackie Sills, Emily Harris, Tim Harris, Emma Derrick

SLSNZ Information

For further information about Junior Surf Lifesaving, there are some great resources and information on the Surf Lifesaving NZ website.

<https://www.surflifesaving.org.nz/lifesaving/junior-surf>

A great resource for parents is the Junior Surf Parent & Whānau Handbook

https://www.surflifesaving.org.nz/media/998047/junior-surf-parent-whanau-handbook_oct2023.pdf

Well that's about it for now, if you have any questions please just contact us via email or facebook. We can't wait to see all of you and kick off this adventure together! Get ready for a fantastic season ahead!

North Beach SLSC Junior Committee

