

North Beach Surf Lifesaving Club



Junior Surf Handbook

2025/26 Season



Contents:

Club information & Rules.....	page 3
North Beach Junior Surf Guidelines	page 4/5/6
Uniform & Equipment Rules	page 7/8
Key Events.....	page 9
Club Program.....	page 10
Overview of Competitions & Events.....	page 11/12/13/14
Expectations of Athletes, Parents & Coaches.....	page 15
Volunteering is Very Rewarding.....	page 16
Calendar of Events 2018/19.....	page 17
Uniform	page 18

Club Rules

- Don't throw sand
- Respect all club equipment
- No swearing or abusive language
- Wash sand off & Dry off before entering the club
- Be a good sport if you win or lose
- Treat others how you want to be treated
- Respect coaches, parents and each other
- The most important rule at North Beach is **Have Fun**

Contacts & Club Information

President	Nathan Mitchell
Chairperson	Emma Derrick
Secretary	Jackie Sills
Treasurer	Yvette Gainsford
Club Captain	Dean Le Warne
Lifeguard Manager	Olivia Gainsford
Sport Manager	Kew Taggart
Junior Surf Coordinator	Riki Fahey
IRB Manager	Callum Jeffery
Committee Members –	Matt Goodwin, Lydia Kennedy, Phil Straver, Russell Connor, Jamie East
Club Email	northbeachslsc@gmail.com
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Club Phone	(03) 388 1045
Physical Address	80 Marine Parade, North Beach Christchurch



Welcome to North Beach Junior Surf

In this booklet you will find information to guide you through the upcoming season and the events and activities you and your children can be involved in.

1.1 Purpose

To encourage children to develop their fitness, learn water safety skills and build confidence while having lots of fun in the process.

1.2 Key Areas of Development

- Assist children to develop surf sport awareness, surf water safety, knowledge and skills and to provide a pathway to lifeguarding.
- Improve the self-image of children by developing self-confidence and social interaction skills.
- Involve parents and interested members of the community as leaders, coaches and administrators and to provide training opportunities to enhance their skills.
- To prepare and encourage a competitive approach to surf lifesaving events that will extend through to higher levels in the sport.
- To educate children in water safety and rescue procedures for application on surf beaches.

1.3 Athlete's Swimming Ability

We do not teach swimming during Junior Surf Sunday sessions. Children **must be** at the swimming level required for their appropriate age groups for surf sport, this is an important health & safety issue if your child is not capable they will be asked to drop down age levels until their swimming reaches an acceptable level. Local swim schools offer swimming lessons during the year and we encourage our juniors to join these schools, so they can participate in all aspects and events we hold at junior surf.

1.4 Classification of Ages

Children are placed into age categories for competition and training based upon **their age as at midnight on 30th September**. At Junior Surf on Sunday's children will be split into groups by a mixture of age & ability to best develop their surf skills at a level they are comfortable at.

1.5 Methods of Communication


As a Club we will endeavor to be in contact with you in the most efficient and effective manner possible. We promote our main communication on

Heja

Heja

Group Name: NBSLSC Juniors 25/26

Join Code: CR-032690

We also use facebook & send comms via e-mail we ask you to ensure that your correct email address is listed when you register as this is where all carnival invites are sent. Remember to 'like' North Beach SLSC junior club Facebook page, so you can stay up to date. 

1.6 Club Fees

All memberships are completed online via our website northbeachslsc.co.nz and fees are payable at time of registration. For any membership/registration enquires please email northbeachjuniors@gmail.com

All children joining Junior Surf must become registered members of Surf Lifesaving New Zealand, which is FREE, so that the Club has full insurance cover for them. Registration is done on-line at www.surflifesaving.org.nz. This only has to be done once and a number is appointed to the child by Surf Life Saving New Zealand that they have all through their junior and senior years in surf life saving.

1.7 Sunday Junior Surf Club Days – sessions start at 9.15am (Under 5 at 10.15am)

An attendance register (roll) is marked every club day, please make sure your children have signed in and are ready to go with Vest's & Cap on before 9.15am briefing. This is not only a health and safety regulation but also has a bearing on many club awards. You need to have attended at least 4 club days to compete in our North Beach Junior Surf Club Champs and we refer to these rolls to check that information. Please make sure you are marked on the roll every club day you attend, even if you arrive late. Everyone must sign out prior to leaving the beach as this is part of our Water Safety Plan.

Focus is on skill acquisition and water confidence in ability/age-based groups. Friendly competition will also be encouraged on selected days of the season. All members must wear club skullcaps and swimwear (Not Boardshorts). The official hi-vis vest is also part of our club uniform and must be worn.

Please remember that a parent or caregiver **must be present**, on the beach with children, up until the age of 13yrs.

On club days the coaches will guide children through a series of activities and events based on the races they will compete in at surf carnivals and competitions as well as teaching surf lifesaving sport skills, encouraging water and surf confidence and encompassing surf safety. Fun, friendly competition and sportsmanship will be encouraged always.

Missing Person at Sea Response

The continuous sounding of air horns & whistles, and waving of flags to participants, confirms that a competitor is missing at sea. 1. 2. 3. Immediately leave the beach area closest to the water, taking all equipment that you can, to provide clear open access to the water arena by coaches and search parties. Only re-enter the arena area, if required, to continue to remove craft and equipment from the arena. Then please remain outside the arena and the designated search zone until instructed or permitted to do so by coaches. If you are a qualified and refreshed lifeguard, a competent swimmer, and have fins and goggles/mask with you, and preferably a wetsuit vest, you may wish to consider making yourself available, to join a support search party. If you meet all these requirements, please report to a coach in the affected arena/s with the equipment detailed above, and follow their instructions as directed.

1.8 Junior Surf Activities

Land-based

- Beach Sprint - A quick run along the beach, distance depending on the age.
- Beach Relay - Beach sprint with the exchange of a baton in teams of 4 or more.
- Beach Flags - An elimination activity, similar to musical chairs but with a twist.

Water-based

Wading

Entering and exiting the water quickly while negotiating waves. The depth of water increases with the child's age and capabilities. Skills will eventually include porpoise and duck dives.

Surf Swim

Swimming in the surf, negotiating waves, catching broken & unbroken waves with or without the use of fins.

Body Board

Entering and paddling through surf. Catching unbroken and broken waves. Events include single person and relay races.

Paddle Board

There are two types of paddle boards. From the age of 8-9 years, long foam paddle boards serve as an introduction to paddling on knees and negotiating surf without the use of a leash. This is an option for the more competent swimmers in these age-groups. Races with fiberglass paddle boards are longer and involve a lot more paddling in deeper water. Relay races and rescue races are also a feature of paddle board events.

Paddleboard sizes for age groups

Division	Description	Length	Weight
Under 8	Body boards	70cm Min (27")	NA
Under 9	Nipper Board (soft)	2.1m Max (6'6")	NA
Under 10	Cadet Board (soft)	2.7m Max (8'10")	4.5kg
Under 11 Under 12	Cadet Board	2.7m Max (8'10")	4.5kg
Under 13 Under 14	Composite Board	3.2m Max (10'6")	7.6kg

Combination

Races like the iron man races. The Diamond race includes a surf swim leg and a board leg before finishing with a run to the finishing line. This is a single person event.

The Cameron Relay is an event where a team completes the same disciplines as the Diamond Race.

2.



Uniform & Equipment Rules

2.1 Compulsory Uniform

Skull Cap

A black and white skull cap is a compulsory part of our uniform. It must be worn on the head at all training times and for all competitions.

High Visibility Vest

Compulsory for training and competitions for all children during all water/surf training on Sundays or at any other time they are training or practicing on Club equipment, including outside formal training situations.

Club Togs

Club togs or plain black togs are necessary for competitions. Club togs are made from a top-quality chlorine resistant fabric, suitable for swimming in pools and are available for purchase from the club also quick dry tops can be purchased from the club, great for training and carnivals.

2.2 Equipment Use

Please ensure that equipment used by your child/children is washed and put away in the correct place at the end of each session. This ensures that the gear is well looked after and cared for. Due to the Club's large investment in equipment, children who repeatedly do not wash down their gear and return it to the appropriate place may lose the privilege for future use. Some boards will be allocated to specific juniors for the season and may only be used by them. **The use of boards, ski's or any other club craft is restricted to juniors, qualified lifeguards and coaches**

only, parents please refrain from using our club craft these are expensive items and have size and weight restrictions and can be damaged easily.

If you happen to damage any gear, please inform your coach or Junior Surf Coordinator as soon as it happens so that the necessary repairs can be arranged. If equipment is used when damaged it can sometimes result in permanent or irreparable damage. Due to the nature of the sport we understand that damage can happen, however we would rather know immediately than by discovering the damage later.

2.3 200m Safety Badge

All children wishing to use or be allocated a paddleboard must have successfully completed the following requirements. In either the ocean or pool, athletes must swim 200m continuously, competently and confidently, in freestyle stroke unless an exception to this is discussed and agreed with the coach and Junior Surf Coordinator. Immediately following the 200m swim, athletes will be expected to tread water for one minute, without stopping after the swim. This one-minute of treading water is included within the total time allocation. As children get older the time to qualify for this badge reduces as it aims to get the children to required time for them to become lifeguards.

POOL TIME – total 8 mins (swim must be completed within 7 minutes)

OCEAN TIME – total 10 mins (swim must be completed within 9 minutes)

These requirements are re-tested on a yearly basis.

Note: When measuring the 200m badge course in the surf, the start and finish point is in the water at the approx. waist height of an 8-year-old child (0.9 m). The course is in a u-shape, 50m out to first buoy, 100m parallel to the beach to the second buoy and then 50m back to the beach.

200m sign off dates will be posted to the heja group. If you are U10 or older please make attending one of these a priority.

2.4 Board Transition

Once an athlete can demonstrate the following they may be able to use a 'foamie' paddleboard or older children may transition from a foamie to a fiberglass board.

1. Can confidently swim 200m in the pool and in the ocean.
2. Show in Junior Surf sessions they have the strength to control a board
3. Able to hold their board in different surf conditions and if they lose their board are able to get back to shore confidently
4. Demonstrate they can look after their board all season (washing, waxing, taping)

Boards are allocated by the junior surf coordinator to those who train & compete regularly. Board allocations are not an automatic right as there are many safety issues to be considered.

2.5 Board Policy (applies to both foamie & fiberglass boards)

1. The criteria detailed in section 2.4 'Board Transition' must be met by the athlete
2. Boards will only be allocated to athletes who attend trainings & competitions regularly
3. Treat all gear with respect
5. Wash all gear down and return to storage, in correct place, immediately after use
6. Carry – **DO NOT** drag gear. If you need help ask a fellow athlete, parent or coach
7. Notify the Equipment Officer immediately when gear is damaged
8. No stand-up surfing of waves on paddle boards, or launching over waves.
9. Do not remove equipment from the club without permission from the Junior Coordinator
10. Do not leave gear in the sun, **Ever**
11. When travelling to and from carnivals you must load and unload your gear onto the gear trailers OR find a person willing to and capable of doing this for you
12. Any equipment marked under repair cannot be used

3. Key Events

3.1 Junior Surf Carnivals

There are several carnivals throughout the summer season, held at different locations in Christchurch and around the South Island. We encourage as many of our members to attend these great fun and exciting events as possible. Events are the same at most junior surf carnivals and races are divided by age and gender. All competitors earn points for our Club regardless of placing, so as well as individual medals and certificates the overall points help build our Club status with Surf Lifesaving NZ. Athletes are required to be in official club uniform for all carnivals.

Saturday November 15th Rarangi Carnival (White's Bay, Marlborough)

Sunday November 23rd Junior Development Day (Scarborough Beach)

Sunday December 7th Interclub #1

Saturday January 10th Nelson Carnival (Tahunanui beach, Nelson)

Sunday January 18th Interclub #2

Saturday 7th & Sunday 8th February **SOUTHERN REGION JUNIOR CHAMPIONSHIPS** (Christchurch)

18th – 22nd February **OCEANS 26** (Mt Maunganui)

Saturday 28th February & Sunday 1st March **CANTERBURY JUNIOR CHAMPS**

TBC Rookie Lifeguard Challenge

3.3 U14 SLSNZ Championship (Oceans'26)

Oceans is the Junior Surf National Championships competition held at Mount Maunganui for athletes 10 years and over from all over New Zealand. This season Oceans is running from 18-22 February. Competitors need to have passed their 200m swim badge to compete in the water events. All events follow the junior surf carnival procedures but with a higher degree of competition. Additional training over and above the Sunday Junior Surf sessions is mandatory for all members wishing to compete at this national event. Please talk to the Junior Surf coordinator for more information about this event.

3.4 Pool Swim Competitions

There are regional and national pool swimming competitions held in the off-season. Ages 10 years+ categories are U12, U14, U16, Open Men and Women. Races include freestyle with fins, an obstacle course and tube rescue with fins. Races are timed finals. Please contact the Junior Surf coordinator if interested in any of these events.



4. Club Programs

4.1 Club Championships

This event is our own club competition and open to all athletes. To compete in our Club Champs you must be a paid up financial member and have attended a minimum of 4 junior surf days. Races follow the traditional events as well as opportunity for some team events. Ribbons & certificates will be given out to place-getters and participants. The club's trophies are awarded for a wide range of achievements throughout the season and presented at prize-giving at the end of the season.

4.2 Rookie Lifeguard Program

Aimed at 12-13-year olds to prepare them for their Surf Lifeguard Award when they turn 14. To graduate from the Rookie Lifeguard Program all participants are required to undertake the various components of the program. It takes approx 20 hours (minimum) to complete and includes time on patrol under the guidance of a qualified lifeguard mentor. They must also complete their Surf Life Saving Certificate to pass this program, which is overseen and examined by the Senior Lifeguarding team. Interested members should enquire to the Junior Surf coordinator.

4.3 Lifeguard Award – 14 years & over

To become a qualified lifeguard, you must be 14 years or older and pass your Surf Lifeguard Award exam. There is also a Patrol Support Award for those that aren't up to the swim standard but still want to volunteer, this is a very important part of our patrol teams. If you're interested in either of these roles let us know.

The exam comprises of:

400m Pool Swim in Under 9mins

Tube rescue, tows and releases in pool

Theory Test

CPR Test

First Aid

Radios

Signals

Run Swim Run in Surf

Tube Rescue in Surf



For further information contact our Club Captain or Lifeguard Manager.

6. Carnivals & Competitions – fun for everyone

Competitions and carnivals are great for children to put all of their junior surf learnings into action. These events are so much fun and will also build athlete's confidence.



There are rules and guidelines around the carnivals and competitions, but all are easy to understand, and we cover them off during Sunday Junior Surf sessions.

- Club uniform must be worn, with no exceptions. (skull cap, club togs & hi-vis vest)
- Under 8's will use a boogie board for their board events
- 8-13 year old's will use a paddleboard for their board events
- To compete on a paddleboard all athletes must have passed their 200m swim badge prior to the competition. The 200m badge must be sewn onto club gear in a visible position, suggest skull cap.
- A child's age is determined as at midnight on the 30th of September.
- Competitions incorporate both beach and water events. It is great for children to compete in as many events as possible, but we understand that young children do get tired.
- Before each event the marshal will explain the rules to the athletes.
- SLSNZ competition manual can be found on their website.

- **Liveheats:** Liveheats will be used as our competition management system at all local, regional and national events.

Key Reminders/Updates: NFC Bands Will be used to 'scan' athletes at marshalling and result recording stages.

- How do I get a band? o The first band will be assigned to you before or during the first competition you attend.
- What if I lose my band? o Each band has a unique QR code on the back and allowing anyone to scan (if you have NFC turned on your phone) and find the owner. o If a band is permanently lost or damaged a replacement will cost \$10. o Replacement bands will be available via regional sport managers with clubs being invoiced during the season.
- Can club 'assign' the bands to their athletes? o No unfortunately this is only accessed from the management centre of LiveHeats using SLSNZ hardware.
- What happens if my band doesn't fit? o These can be easily swapped at events via event management
- What if I found my lost band and now have two? o Both will work if loaded against your correct club profile. You are welcome to return unused bands to event management.
- Will me band work for all competitions or in other regions? o Yes, the band assigned to you works at all SLSNZ competitions and if you are competing overseas for your New Zealand Club and they are using LiveHeats. o If you are competing for an Australian Club or other international club then the band will need to be assigned with that club profile for you.

Paddle Board sizes for each age group

Division	Description	Length	Weight
All Age Groups	Body boards	70cm Min (27")	NA
Under 9	Nipper Board (soft)	2.1m Max (6'6")	NA
Under 10	Cadet Board	2.7m Max (8'10")	4.5kg
Under 11			
Under 12			
Under 13 to Open	Composite Board	3.2m Max (10'6")	7.6kg

6.1 Enrolling in competitions & carnivals

- In most competitions it is necessary to pre-enroll and indicate what disciplines the athlete is competing in. No enrolments are accepted after the competition close-off date. Entry Invites will be sent to all eligible age groups prior to each event. Please accept (green button) to enter or decline (red button) if you cannot participate in that event. **Late entries are not accepted.**
- If you have enrolled your child in an event for a competition, the team manager/age-group manager or marshal must be notified if withdrawing.
- Athletes compete in their age groups and each group is assigned a parent volunteer as a team manager. The athletes and manager stay together for the whole competition. It is important to stay together so the athlete does not miss out on an event. The marshal will default the athlete if not ready for the event.

The gear trailer is loaded the night before or on the morning of competitions. We ask for parents and older athletes to help with this. If you can't make it, as many of our club members do not live locally, we ask that you give someone your board number (if allocated) or preferred foam board so it can be loaded. Boogie boards will be taken from the Club, so there is no need to bring your own.

If you are able, we ask that you return to the club, or ask someone else, after the competition to wash down your board/boogie board and put it away.

6.2 Overview of Competition Events

Beach Sprint – This is a straight running race. 7- 9 years run 50m, 10-11 years run 70m and 12-13 years run 90m.

Beach Relay (all age groups) – Teams of 4 (2 at each end of the course), run same distance as Beach Sprints. Team members run carrying a baton and pass to the next team member. Each baton must be received behind the line and if any part of the body crosses the line before the baton has changed the team will be disqualified. If the baton is dropped it can be picked up and the team continues.

Beach Flags (all age groups) – This is a sprint up the beach to claim a baton. There will always be fewer batons than competitors; the competitor who does not get a baton is eliminated from the competition. All competitors lie face down with toes on the start line, heels together, hands on top of each other and head up facing out to sea. On the command “heads down” chins are placed on the hands and competitors must stay still. At the whistle competitors get to their feet as quickly as they can and run to get a baton. There is only one false start allowed, so the next competitor to false start is eliminated.

Run-Wade-Run (7-9 years) – This is a beach/water event. Competitors run from the starting line on the beach into the water then wade out and around two markers and back into shore where they sprint to cross the finish line.

Run-Swim-Run (9-13 years) – This is a beach/water event. Competitors run from the starting line on the beach into the water then swim out and around two markers and back into shore where they sprint to cross the finish line.

Surf Race (9-13 years) – This is a swimming race. The course length varies by age-group, but will be no longer than 200m. All competitors must have completed their 200m badge. Competitors usually swim left to right around the course and return to shore and sprint to cross the finishing line.

Body Board Race (7-9 years) – The race starts at the water's edge with all competitor's board leashes attached to their arms. They race out and around two markers and back into shore. Competitors must cross the finish line in contact with their board. No fins required.

Board Race (9-13 years) - This is a paddleboard race. Competitors start at the water's edge holding their board. On the starter's whistle they race out into the water, paddle out and around three markers and back into shore to the finish line. Competitors must cross the line in contact with their board. If a competitor loses their board after the last buoy/marker, they can swim the remainder of the course.

Board Relay (9-13 years) – Same rules as for the Board Race but with teams of 4. The first team member completes the water course and tags the next team member, not their board. The final team member must cross the finishing line in contact with their board.

Diamond Race (7-13 years) – This is a multi-discipline event. The order of events is swim, board, run. The competitor swims out and around two markers, returns to the beach and picks up their board. They return to the water, paddle out and around the markers, returning to the beach, dropping their board at the flags then sprint to the finishing line.

Cameron Relay (7-13 years) – This is a multi-discipline team event. Order of events is the same as the diamond race but done in team of 3. The first competitor swims out and around two markers, returns to the beach and tags the paddler who runs to the water and paddles out and around the markers, returning to the water's edge, tagging their runner who then sprints to the finishing line.

Tube Rescue (10-13 years) – Teams consist of a patient and rescuer.

The patient lines up at the start between their flags. On the starter's whistle they swim out to their marker. On reaching the marker the patient places a hand on the top of the marker and raises their other hand up. On seeing the signal from the patient, the rescuer, who stands on the seaward side of the start line, runs up the beach to get the rescue tube and fins.



These are put on as soon as the rescuer is ready, and they then swim out to the marker.

The rescuer swims left to right around the marker, clipping in the patient behind the buoy. The patient can help clip on the tube before they cross the marker line and swim into shore. The patient must remain on their back at all times and can assist by kicking and/or sculling underwater. When they are in shallow water the rescuer removes their fins and the team runs up the beach to finish in between their flags.

10-12 year old patients are taken out to the buoy in an IRB. The race starts with a whistle, signaling the rescuer to run and pick up their tube and fins.

Board Rescue (12-13 years) – Teams consist of a swimmer and a paddler. On the starter's whistle the swimmer races out to their allocated marker; on arrival signals that assistance is required. The paddler begins at the swimmer's signal. On reaching the swimmer the paddler rounds the marker from left to right, picks up the swimmer, making sure that they are on the seaward side of the marker. The team jointly paddles back to shore. The paddler and swimmer run to cross the finishing line with both in contact with the board.



7. Code of Conduct:

7.1 Expectations of the Junior Surf Athlete...

- To show respect to others at all times
- To comply with the instructions of the coaches and their assistants always
- To give your best efforts always, being competitive yet fair
- To join in club competition when possible
- To show care & respect for equipment used in training & competition
- To have fun, make friends and learn!

7.2 Expectations of the parent and caregivers...

- To assist with the supervision of your children at all times and be prepared to help the coach as required
- Be prepared to be in the water with your child during all water sessions for children under the age of 10
- Encourage your children and praise their attempts "They are all winners; only a few become champions"
- Be a good role model to your child and to others.
- Provide the opportunity for your children to extend and practice their new skills outside of Junior Surf.
- To ensure that registration details are completed, and fees paid promptly
- Participate with fundraising activities to the best of your ability
- Consider being a coach or committee member: become involved, support your children, the Club and our community

7.3 Expectations of the Junior Surf Team and Coaches ...

- To provide Coaches who will teach to the age group level required
- To provide role models, inspiration and encouragement
- To operate in a safe environment and comply with adult/child ratios always
- Have the confidence to deal with injuries and seek assistance where required
- Provide a structured training regime that enhances skills and confidence
- Communicate clearly with both children and parents/caregivers
- Be fair and encourage fair play in competition
- Be sensitive to gender, race or cultural differences
- Encourage participation of both children and their parents/caregivers
- To provide integration through all levels of the club with assistance from senior members



8. Volunteering is very rewarding

1. We need support for many aspects of our program. As everyone is time-short, we ask you to volunteer only much as you can over the season. If you are prepared to assist, please see the Junior Surf coordinator on a Sunday.
2. Every Sunday and at many events, we provide a **BBQ** as a part of the junior surf fundraising program. This consists of sausages in bread with sauce if you are available to help during the season please let the Junior Surf team know (if you're not helping in the water please help us with the BBQ).
3. Junior Surf relies heavily on donations, grants and sponsorship. We are continually looking for new sources of funding so that we can continue to provide the very best coaching equipment and surf sports opportunities for your children. We welcome your support in fundraising, offering sponsorship or brokering partnerships for us. Please contact the Club Captain, Dean Le Warne on 021 657 414, if you have ideas or can assist in this extremely important area.

8.1 Coaches

We are enormously grateful to all our Junior Surf Coaches, as they provide a wonderful service on an entirely voluntary basis.

Coaching appointments are made prior to the start of the season; however, we are always keen to welcome new coaches, parents interested in coaching or assisting a coach to develop their surf-coaching skills. We also like our lifeguards to participate in the junior coaching program to provide leadership opportunities for them as well as fabulous mentoring and as role models for our children.

Professionally run courses in coaching skills are offered through Surf Lifesaving NZ and we facilitate our coaches attending these courses. If you are interested in being involved, please contact any of the Junior Surf Team.

8.2 Surf Sport Officials

Each club is responsible for supplying qualified officials at regional and national carnivals & competitions. This is an opportunity for parents to be on the beach with their children during competitions. It is a very rewarding pathway for parents and provides significant support to our Club. There is no expectation that individuals will be required to attend all events.

Please contact us for information on becoming a qualified surf sport official.

8.3 Membership Types

Junior Surf – athletes between 3 & 13 years old use of junior equipment & facilities

Member – use of Club's facilities, participate in programs, vote at AGM, can be elected on Committee

Social – participate in social program's & activities, use of some facilities

9. Calendar & Events 2025/26 Season

Junior Events

15th November – Rarangi Carnival – Blenheim

23rd November – Canterbury Junior development day

7th December – Canterbury junior interclub

10th January – Nelson Carnival – Tahunanui Beach

18th January – Canterbury Junior Interclub –

7th & 8th February – Southern region junior Champs –

18th -22nd February – Oceans 26 – Mount Maunganui

28th February & 1st March – Canterbury Champs

15th March – Junior Club Champs – North Beach (All ages U5 – U14)

TBC – Rookie Challenge



Please note dates may change please check calendar on our website www.northbeachslsc.co.nz or at www.surflifesaving.org.nz

Compulsory Uniform

2025/26 Season

Lifesaving skull caps - \$20.00

Vest's - \$25.00

